

## Shrimp Scampi

Preparation time: 2 minutes

Cooking time: 1 - 3 ½ minutes

Serves 2

- Ingredients:
  - ½ lbs. medium shrimp, peeled and deveined ( can be raw or frozen)
  - 1 cup tri- color bell pepper - chopped and de-seeded
  - ½ cup chopped onion
  - 1 tbsp. butter (or butter substitute of your choice)
  - ½ tsp. garlic salt
  - Salt and pepper to taste
  
- Directions
  - Combine all ingredients in a medium Steamfast Bag and seal the bag
  - Shake gently to distribute ingredients and place bag in microwave
  - Cook on HIGH for 1 -2 minutes (3 – 3 1/2 minutes if frozen) until shrimp are pink and cooked through. If needed, add more time in 30 sec increments
  - Allow bag to stand 1 minute before handling
  - Carefully open bag, pour out content and enjoy!