

Hot and Spicy Chicken Bites

Preparation time: 4 minutes

Cooking time: 6 ½ to 7 minutes

Serves 4

- Ingredients:
 - 2 boneless, skinless chicken breast halves (6 – 8 oz. each), cut into bite-size pieces
 - ½ cup finely chopped red bell pepper
 - ½ tsp. hot sauce
 - 1 tsp. garlic powder
 - 1 tsp. chili powder
 - Salt and pepper to taste
- Directions
 - Combine all ingredients in a medium Steamfast Bag and seal the bag
 - Shake gently to distribute ingredients. Place bag in microwave
 - Cook on HIGH for 6 ½ - 7 minutes or until chicken is cooked through, with no trace of pink. (If needed, add more time in 30 sec increments)
 - Allow bag to stand 1 minute before handling. Gently squeeze bag to combine ingredients
 - Carefully open bag and pour out content
 - Spoon 1 tbsp. freshly-squeezed lime juice over chicken and additional hot sauce. Serve over a bed of lettuce, if desired and Enjoy!