

Gingered Broccoli with Almonds

Preparation time: 2 minutes

Cooking time: 2 1/2 minutes

Serves 4

○ Ingredients

- 10oz broccoli
- ½ tsp. crushed ginger
- 1 garlic clove, peeled and chopped or ½ tsp. crushed garlic
- 2 tbsps. Butter or butter substituted of your choice
- 2 tbsp. toasted flaked Almonds
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Broccoli steams beautifully remaining bright green in color, crisp and full of nutrients. The ginger and garlic blend into the butter as it melts over the broccoli making it a delicious side dish for any meal.

○ Directions

- Wash the broccoli and cut into even size florets
- Combine all ingredients in a medium Steamfast Bag
- Shake gently to distribute the ingredients and place bag in the microwave
- Cook on HIGH for 2 1/2 minutes
- Allow bag to stand 1 minute before handling
- Carefully open bag, pour out content and Enjoy!

Serve hot with simple fish, poultry or meat dishes